

WITHDRAWAL SYMPTOMS

During the Withdrawal Phase, you may feel symptoms such as listed below:



Drug Cravings

Feeling the urge and cravings like somebody when going on a diet, but the feeling is powerful enough to quit the process of detox all entirely. Then the cycle will continue when trying to quit again.



Anxiety

The Pressure of stress, fear, and constant worrying can make the process of detox seem not worth the risk.



Insomnia

Not being able to sleep will lead to more problems than just the other withdrawal symptoms. The lack of sleep can lead to depression, stress, different sleeping schedules, and feeling irradated.



Flashing Cold

Flashing colds is feeling out of now-where feeling cold throughout the body



Flashing Hot

Instead of feeling a rush of cold through out the body at times, you will feel hot through out the body. Sometimes you may feel flashing hot and cold both at the same time!



Abdominal Pain

You will feel mild to severe pain in the gut area, again this can go on more or less then 7 to 10 days during the withdrawl sympom process.



Diarrhea

You will feel terrible when the body is removing all the toxins and waste from the body. This is one way of doing so.

**Withdraw Symptoms can last around 7
to 10 days**