# SYMPTOMS OF PTSD

### (Post Traumatic Stress Disorder)



## SEVERE ANXIETY

Feel Sudden Feelings of Anxiety for such as thinking you are doomed, frighten, fear for your life, which can last for minutes!

## Social isolation

Those suffering from PTSD will feel depressed and threaten for their lives at times, they will seperate themselves from others.



INSOMNIA

Difficulty in sleeping at night, may find it hard to sleep all entirely as well. With this leads more problems which can progress over time.





Feeling fear or threaten all the time brings anxiety and more hardship into thier daily lives then before.



The last thing anybody needs who went through such a traumatic experience is to go through that exact experince again.



## LOSS OF INTEREST

Things they may have found joy, pleasure, or looking forward too lose interest to the person who experinced a traumatic experince.

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